

The study of lived experience was for a long time considered a bad career move, but recently this situation seems to be changing. There seems to be a growing interest and correspondingly a growing body of research in the field of empirical phenomenology (or first-person inquiry). This rise in interest seems to have caught the CogSci community, which is why we decided to offer a short, one-day

# workshop

ON

# firstperson inquiry

The workshop will begin with the lecture, covering some history, the recent development, basic epistemological issues and methodological solutions of this area of research. Afterwards, a selection of most used and/or most promising research techniques, currently used for research of lived human experience, will be introduced. Time and enthusiasm permitting, we will try some of the techniques. The workshop will end with a short disposition and discussion on the possibilities of use of introspection as a technique for researching consciousness. The last part is especially important for those, intending to take up a phenomenological project within the mobility semester in Ljubljana.

## WHEN & WHERE?

Sunday, 21.6.15, 9:00h at Zaloška 4, Ljubljana in "Zvezdarna". You can find it on the map <https://www.google.com/maps/d/viewer?mid=zGNm8Ea4a-d8.k7pCePPJm4II> Please be punctual. The introductory lecture will be recorded, which is why the entry won't be possible once it begins!

## WHO CAN PARTICIPATE?

No special preparation is required. However, the participants are encouraged to check some of the readings, listed on the right. The Depraz et al. On becoming aware is especially recommended.

## PROGRAM

- 9:00 - 10:00** Lecture: Overview  
Snacks & coffee
- 10:30 - 13:00** Problems, solutions and methods  
The explication procedure  
Descriptive Experience Sampling  
Quantitative methods  
Neurophenomenology
- 14:00 - 15:30** Introspection and the act of reflection as a technique for self-inquiry and scientific inquiry. *Please note that the order of topics and corresponding time slots might change.*

## APPLICATIONS

Those certain to attend, please check in at <http://doodle.com/9sk9p92pg837egez#table> The workshop will happen, if more than 5 will confirm participation (we are aware that it will be hard to stay another day and wake up early after post-conference partying). The maximum number of participants is limited to 15 on the basis first-come first-in. **Deadline for registrations is May 25.**

If you are interested, but still not sure, than please send your name to loana: [ipopa.88@gmail.com](mailto:ipopa.88@gmail.com). This is also the address for all kinds of inquiries.

The workshop will be lead by Urban Kordeš, together with Olga Markič and with ample help from loana Popa, and others. In cooperation with Metrology lab of Faculty for Electrical engineering, Uni Ljubljana.

## SUGGESTED READING

- Depraz, N., Varela, F.J., & Vermersch, P (eds.). 2003. *On Becoming Aware: A Pragmatics of Experiencing*. John Benjamins Publishing Company.
- Gallagher, S., Zahavi, D. 2008. *The Phenomenological Mind: An Introduction to Philosophy of Mind and Cognitive Science*. Routledge.
- Hurlburt, R.T. & Heavey, C.L. 2004. To beep or not to beep: Obtaining accurate reports about awareness. *Journal of Consciousness Studies*, 11(7-8), 113-128.
- Petitmengin, C. 2006. Describing one's subjective experience in the second person: an interview method for the Science of Consciousness. *Phenomenology and the Cognitive Sciences* 5(3-4), 229-269.
- Petranker, J. 2003. Inhabiting Conscious Experience. Engaged Objectivity in the First-Person Study of Consciousness. *Journal of Consciousness Studies* 10(12), 3-23.
- Shear, J., Varela, F.J. (eds.). 1999. *The View from Within: First-person Approaches to the Study of Consciousness*. Imprint Academic.
- Varela, F.J., Thompson E., Rosch, E. 1991. *The embodied mind: cognitive science and human experience*. Cambridge, MA: MIT Press, Chapter 2.

*We become used to thinking that all of this exists necessarily and unshakably.*

— Maurice Merleau-Ponty